

AAPSM Presents: DR. DOUG RICHIE



Douglas Richie received his Bachelor of Science Degree in 1976 and his Doctorate of Podiatric Medicine in 1980 and completed a post-graduate residency program in foot and ankle surgery at Western Medical Center in Southern California in 1981.

Douglas Richie D.P.M. is certified in Foot and Ankle Surgery by the American Board of Podiatric Surgery and is a Fellow of the American College of Foot and Ankle Surgeons. He is also a Fellow of the American College of Foot and Ankle Orthopedics and Medicine and a Fellow of the American Academy of Podiatric Sports Medicine.

Currently, Dr. Richie has faculty appointments at the California School of Podiatric Medicine (Oakland, Ca) as well as the Podiatric Medical School at Western University (Pomona, Ca). He is the Chairman of the Podiatric Medical Education Committee at the California School of Podiatric Medicine.

He has been an invited speaker at over 100 medical symposiums throughout the United States as well as the United Kingdom, Canada, Spain and Australia.

ADELAIDE

Wednesday 23rd

April

University of SA

New Insights into Lateral Ankle Instability

This presentation will focus on the role of the podiatrist in the evaluation and treatment of the ankle sprain based upon current published research. Findings from the recently published "National Athletic Trainers' Association Position Statement: Conservative Management and Prevention of Ankle Sprains in Athletes" (Journal of Athletic Training 2013) which Dr. Richie was a co-author will be reviewed and highlighted for the podiatrist.

The second part of this presentation will focus on the enigmatic condition known as chronic ankle instability. The inconsistent relationship between mechanical instability and functional instability of the ankle will be explored. A large amount of research has provided new insight into role of proprioception and a complicated reflex modulated through the spinal cord and somatosensory cortex of the brain providing neuromuscular control of the joints of the lower extremity. Treatment interventions which address various levels of the sensory-motor loop to restore joint stability will be presented. In particular, the role of podiatrist to identify and intervene with proven modalities in the treatment of chronic ankle instability will be emphasized.

FREE EVENT!

Registration is Essential!

RSVP close Wednesday 16th April.

Email: admin@aapsm.org.au

Time: 7:00pm-8:30pm

**Location: Lecture Theatre 3C-16,
Centenary Building, University of SA**

Name:				
Address:				
Phone:		Email:		
AAPSM Member:	Yes <input type="checkbox"/>	No <input type="checkbox"/>		