

Want to know the latest from the best national speakers in Sports & Biomechanics Podiatry?

**Sat 22nd May 2010**

Emporium Hotel  
Fortitude Valley, Brisbane

Registration from 8.30am, Sessions 9-5pm

Post-conference *Fireside chat* with Dr Richie for AAPSM Members only, from 6pm

Online Registration: [www.aapsm.org.au](http://www.aapsm.org.au)



**Dr Doug Richie**  
Keynote Speaker  
President - American Academy of Podiatric Sports Medicine



**Simon Bartold**  
Invited Speaker  
AAPSM Sports Podiatrist,  
Asics International Research Coordinator



**AAPSM sessions**  
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**Announcing Qld's first state-based AAPSM seminar series**  
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# 2010 AAPSM roadshow Brisbane



# AAPSM

*podiatrists for sporting feet*



9 - 5pm, Sat 22 May 2010  
Emporium Hotel  
Fortitude Valley, Brisbane  
Registration from 8.30am

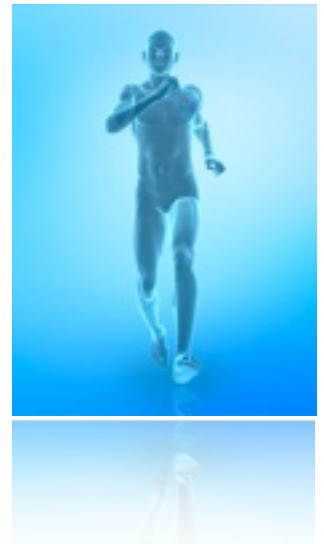
Post-conference **Fireside chat** with  
Dr Richie for AAPSM Members only,  
from 6pm at conference venue

E-registration: [www.aapasm.org.au](http://www.aapasm.org.au)

Qld's first state-based AAPSM seminar series

## 2010 AAPSM roadshow Brisbane Program

8.30 am - 9.00	Registration & Trade Displays
9.00 am - 9.10	AAPSM Welcome - Allan Boys & Rachael Bradhurst
9.10 am - 10.00	<b>Dr Doug Richie</b> - Keynote Session 1 <i>The acquired Adult Flat Foot</i>
10.00 am - 10.50	<b>Simon Bartold</b> - Invited Speaker <i>The effect of oestrogen on tibial acceleration, balance &amp; neuromotor skills</i>
10.50 am - 11.10	Morning Tea
11.10 am - 12.00	<b>Dr Doug Richie</b> - Keynote Session 2 <i>Recovery from Ankle Trauma: When can I return to sport?</i>
12.00 pm - 1.00	Lunch
1.00 pm - 1.50	<b>Paul Fleet</b> , AAPSM Past President <i>Cogs, Levers &amp; Pulleys - Technology that makes a difference in sport</i>
1.50 pm - 2.40	<b>Dr Doug Richie</b> - Keynote Workshop <i>Evaluating Orthotic Effects on Postural Control</i>
2.40 pm - 3.00	Afternoon Tea
3.00 pm - 3.15	<b>Rachael Bradhurst</b> , AAPSM Qld Trustee & SPQ President <i>Medically-based sports shoe recommendations for tough cases</i>
3.15 pm - 3.30	<b>Dr Anita Green</b> , SMA Sports Doctor <i>Acute sports medicine care at sports events: the team approach</i>
3.30 pm - 4.00	<b>Allan Boys</b> , AAPSM President <i>Walk the Walk: A 40-year view on changes &amp; challenges in Practice Life</i>
4.00 pm - 5.00	<b>AAPSM 5 x 5 sessions</b> <i>These are 5 minute presentations by our local AAPSM members</i>
5.00 pm CLOSE	Members invited to <b>fireside chat &amp; dinner</b> with Dr Richie from 6pm



## SPEAKER profiles

### Dr Doug Richie - Keynote Speaker

We hear Dr Richie is a *bit of a legend*. Returning to Australia after a 16 year absence from our shores, he is highly regarded & one of the most popular conference speakers in USA, UK & parts of Europe. So he'll *probably keep us all awake today*. He's an Adjunct Associate Professor, Department of Biomechanics, at the California School of Podiatric Medicine at Samuel Merritt College. He's published 16 papers in journals on topics including sports sock technology, the 1st ray, dance injuries, orthotic component materials, neuro-muscular control & ankle stability, gait analysis & adult acquired flat foot. What doesn't he do? Actually the real interesting bit on his CV is the "Heroic Acts Award 2004" from City of Seal Beach. How *did* he get that? That's what we're all really turning up to hear, then we can pack up & take off for a drink...

Dr Richie's special interest is in the adult acquired flat foot. In his spare time he invents stuff... heard of the Richie brace... yes, this is the bloke behind it. Also he's got several patents for footwear design & foot / ankle braces. He is a Fellow, American College of Foot & Ankle Surgeons and a Fellow, American College of Foot & Ankle Orthopaedics & Medicine. Doug is also a past president of the American Academy of Podiatric Sports Medicine, so we figure he knows what he's talking about. We're hearing persistent rumours from down south that the Victorians liked his style.. last week...

### Simon Bartold - Invited Speaker

Simon by comparison, has the profile of your classic *Rock Star Podiatrist*. If you haven't heard of him, *you've clearly been inhaling something a bit too taboo...*

He basically has done everything... & he's only 27! *Right...* He's been a Past President of the Australian Academy of Podiatric Sports Medicine, Consultant Podiatrist to the Australian Institute of Sport Cricket Academy, a member of Podiatry Services at the Sydney 2000 Olympic Games, & remains the only Podiatrist worldwide to ever hold a commission position with the International Sports Medicine Federation (F.I.M.S.). He edits so many journals there's clearly *heaps of authors annually who stick pins in their Simon voodoo doll...* he's an Editorial Board Member for the Journal of Science & Medicine in Sport, & the Australasian Physiotherapy Journal, a journal reviewer for the Australasian Journal of Podiatric Medicine plus the British Journal of Sports Medicine, & on the Advisory Committee for the Australasian Journal of Podiatric Medicine.

Simon is an adjunct lecturer to the School of Health Sciences at the University of South Australia, a Fellow of the University of Melbourne and a Visiting Fellow at the University of Staffordshire. He has published over 20 papers in peer-reviewed journals, has authored numerous book chapters and has lectured at international conferences in 33 countries. Research interests include the technical aspects of athletic footwear and pressure/force measurement in relation to intervention parameters and injury.

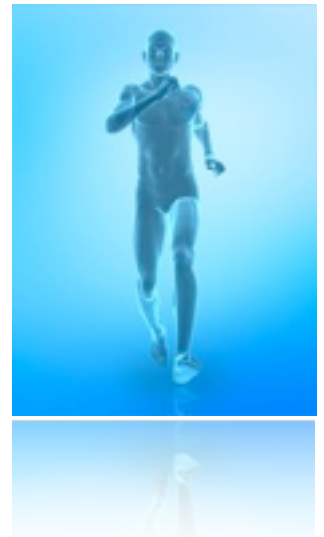
The real mystery here is... *does he ever sleep?* He reckons his real job is an International Research Consultant for the global body of the Asics Corp. We're going to google this later to check for sure, & then nick his frequent flier points & head to Bali.

### Paul Fleet - Invited Speaker

Paul is a Senior Consultant Podiatrist & Director of a group practice, focusing on Sports & Biomechanics. He does however come from Canberra, & for this we have forgiven him. Actually he's really from New Zealand, & we're going to ignore that for now too. What we can't forgive him for, is for being Podiatrist to the Raiders & the Brumbies. Some things are beyond forgiveness... that, & *laughing at his own jokes...*

He's the Podiatrist to the ACT Academy of Sport & lectures in the AIS Masters of Sport Program. He makes us empty our pockets as National Coordinator for APERF. Been to an SMA conference? He's been the Conference Committee Podiatry Delegate & arranged what you've heard. He served as President of AAPSM until last year, & a Polyclinic Podiatrist at the 2000 Sydney & 2004 Athens Olympics, plus the 2006 Melbourne Commonwealth Games.

One of Paul's best aspects is having impeccable standards. Our profession has benefited from him using this talent to maintain it in tip-top shape. He also reckons he knows a bit about wine... We just want to know... is it really true his underground ~~lair~~ wine cellar is now bigger than his Canberra mansion?



## SPEAKER profiles

### Allan Boys - Invited Speaker

As one of the most senior clinicians in our profession in Australia, Allan has lectured widely in Australia & overseas. He's a 3rd generation Podiatrist, with almost half a century of education to "get him where he is today". He is the senior partner at Newcastle Family & Sports Podiatry Practice, which is dedicated to the total management of patients at all levels. Will he ever stop working? We guess he loves it too much to give it up...

When we consider the way the pendulum has swung in the past decade, towards having a dominant academic-research approach, it's crucial for us to hear from wise senior clinicians like Allan to gain a balanced outlook in our profession. Think of him as a wise grandpa who can give you those sensible tips that you need to keep your life on track. Your clinical life folks... if you ask him for tips on dating or Facebook he'll look confused...

He was an early pioneer in the "High Risk Diabetic Foot", but in later years has had a passion for Podiatric Biomechanics especially with paediatric & sports injuries. He has been a representative on most Podiatry Boards, both at State & National level. He is the Podiatrist representing AAPSM on the Australian Conference of Science & Medicine in Sport committee. And yes, he's our current President of AAPSM. Seems like we have another sleep deprived case on our hands here... please don't leave any pillows lying around...

### Dr Anita Green - Sports Doctor

Anita Green is a Sports Doctor who works at the University of Qld Health Service & the Prince Charles Hospital. She has been involved with Sports Medicine Australia for 15 years including the Queensland and National Boards, with 2 years as National President. She is currently National Vice President and Co-Chair of the SMA Conference Scientific Organising Committee. The real question is - how can someone so grand poo-bah be so down to earth?

Anita has been involved in Sports Medicine coverage throughout this period and particularly enjoys the multi-disciplinary nature of sports medicine and the opportunity of working with Sports Podiatrists in this setting. We love hanging out with her at Sports Coverage events too - you know how some Doctors snob you because you're a Podiatrist? Anita's not one of them - even though she's a grand poo-bah, she's got the whole team thing figured out superbly...

### Rachael Bradhurst - AAPSM Qld Trustee

Rachael is the Principal Podiatrist at a group practice in Brisbane, with 17 years experience. She's also been doomed enough to think she can help steer Sports Podiatry to bigger & better things here in Qld. She has served as President of Sports Podiatry Qld since 2002, and is currently the Qld Trustee for AAPSM, a sessional academic at QUT & a Podiatry Clinical Supervisor for QUT Health Clinics in Sports Medicine. Barely a month goes by when she is not presenting or lecturing on Sports Podiatry to the profession, other medics, footwear personnel or the public.

Although unusual for a Podiatrist in Qld, Rachael only works with musculo-skeletal cases, and sees a lot of trauma & immobilisation cases including fractures & ankle injuries. What she really likes is figuring out how to solve tough cases... to keep them active. She also does this thing where she dresses entirely in one colour every day... go figure...

## SPONSOR contacts

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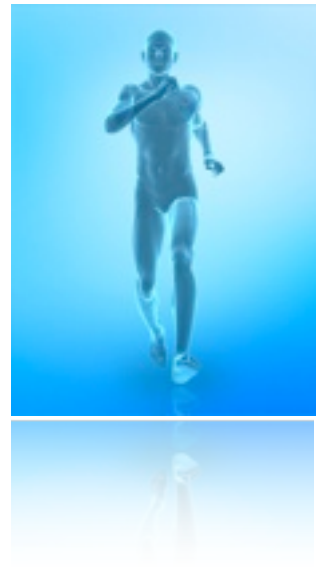
Steve Whitlock 0488 423 336 [steve@medicalaccessories.com.au](mailto:steve@medicalaccessories.com.au)

**CadCam** - orthotic lab

Tony Dwyer 0416 116 495 [anthony@cadcamorthotics.com.au](mailto:anthony@cadcamorthotics.com.au)

**QOL** - Oz suppliers of the Richie brace

Tony Garbett 0417 729 103 [gol4feet@bigpond.net.au](mailto:gol4feet@bigpond.net.au)



## 5 x 5 session presentations

**Steve Manning** - AAPSM member Podiatrist, SMA Qld President

A new perspective on the footwear orthotic interface

**Michael Matthew** - AAPSM member Podiatrist

Thinking outside the box: a case study quantifying a muscle activation technique intervention

**Donna Gentle** - AAPSM member Podiatrist, Sports Podiatry Qld Coverage Coordinator

Athletic forefoot pain: a rare presentation

**Matt Triggs** - AAPSM member Podiatrist, Sports Podiatry Qld Vice-President

Case study: unresolved calcaneal fractures in an elite trampolinist

**Barry Hawes** - AAPSM member Podiatrist, Sports Podiatry Qld Past-President

Case study: leg length discrepancy & lower back pain

**Rachael Bradhurst** - AAPSM Qld Trustee, Sports Podiatry Qld President

AirCast for foot & ankle immobilisation: what we use it for & how patients actually use it...

